

## 【The Project】

I aspire to make a movement of “preventive medicine” all over the world!!!  
~Getting a clue from the overseas clinical clerkship experience in Australia~

### 【Name】

Chihiro Matsumoto

### 【Affiliation】

5<sup>th</sup>-year medical student, Tokyo Medical and Dental University School of Medicine

### 【Profile】

Hello. I am Chihiro, studying medicine in Tokyo Medical and Dental University (TMDU).

I was born and brought up in Hiroshima and moved to Tokyo after I graduated from high school.

Since I was a child, I have been interested in the issues of poverty and disparity, persistently looking for a solution for future generations. I have decided that I want to work as a member of an international organization so that I can help fix the gap in access to healthcare, income and resource scarcity, particularly in the fields of medicine.

Before I entered the medical school, I was studying about agricultural development and food problems in developing countries at the University of Tokyo. Just before I graduated from the university, I got interested in “preventive medicine” which made me think about majoring in medicine. Then I transferred to TMDU School of Medicine in 2015. Now I belong to 5<sup>th</sup> year, and taking part in the clinical clerkship in the TMDU hospital. Other than preventive medicine, I am interested in Global Health and OBGY.

My hobby is playing the music and acappella.

### 【Target amount】

※The exchange rate is JPY 108.48 per dollar

¥300,000- (\$2,765)

### 【Term】

December 27<sup>th</sup> 2018 ~ March 14<sup>th</sup> 2019

### 【Return】

¥1,000(\$9) : A postcard of thanks (or E-mail)

¥3,000(\$28) : A letter of thanks

¥5,000(\$46) : A letter of thanks + a report (PDF file, you can choose one of written below)

- ① A report of clinical clerkship in the hospital
- ② About the medical system and hospitals in Australia
- ③ About my life in Canberra

④ About a way of thinking and working style of medical practitioners in Australia

¥7,000(\$64) : A letter of thanks + 2 reports + a souvenir of Australian National University

¥10,000(\$92) : A letter of thanks + 4 reports + a souvenir of Australian National University

¥30,000(\$276) : A letter of thanks + Skype (Reports • Chat • Question...etc) + Please select one present written below

¥50,000(\$460) : A letter of thanks + Skype (Reports • Chat • Question...etc) + Please select two presents written below

¥100,000(\$921) : A letter of thanks + Skype (Reports • Chat • Question...etc) + all presents written below

A. All of four reports written above

B. A souvenir of Australian National University

C. A photo album (20 pictures of landscapes and touring spots where I visit during my stay in Australia)

#### 【Special support】

I will send you a letter of thanks with 7 pictures which I took by myself in Australia

¥1,111 (\$102)

¥3,333 (\$307)

¥5,555 (\$512)

¥77,777 (\$717)

¥111,111 (\$1024)

¥222,222 (\$2047)

¥0 : I would appreciate if you could share the link of this website in your Facebook, Twitter, and Instagram account!!

#### 【How to send money】

If you are not living in Japan, could you please send an email to this address (written below) first?

E-MAIL: [fanfare@medica.co.jp](mailto:fanfare@medica.co.jp) (Executive Office of Fanfare)

※You can send money directly to this Japanese bank account from other countries.

#### <Bank Information>

Beneficiary Bank : MUFG Bank, LTD.

SWIFT code /BIC code : BOTKJPJT / BOTKJPJTXXX

Branch Name : ESAKA BRANCH

Beneficiary Account Number : 074-0306715

Beneficiary Name : MEDICUS SHUPPAN,Publishers Co., Ltd.

## 【Project Details】

### ●The program I am going to take part in●

○Clinical Elective Placement

- Place : The Canberra Hospital (Australian National University)
- Term : April 1<sup>st</sup> 2019～May 24<sup>th</sup> 2019 (8 weeks)

※TMDU and Australian National University are in partnership relations with each other.

### ●Greeting●

Hello. I am Chihiro Matsumoto, a 5<sup>th</sup> year medical student at Tokyo Medical and Dental University (TMDU).

I am going to take part in the overseas clinical clerkship program at the Canberra Hospital for 8 weeks from April to May: 4 weeks at the Respiratory Medicine, 4weeks at the General Medicine.

At the Canberra hospital, I will not only observe what medical practitioners do, but will also have a chance to see patients there: taking their histories, performing physical exams, assessing the patients' conditions, and planning for what we should do next.

I decided to use crowdfunding system because I do not have enough money to study abroad for 2 months.

I am trying my best on earning as much money as possible by doing 3 kinds of part-time jobs and finding any scholarships, but still not enough as I am living alone and cannot have much time for work as clinical clerkship in the hospital at TMDU is too busy.



< me performing a Ultra Sonogram to the mock patient >

### ●The main reason why I decided to study abroad ●

By experiencing working at the medical institution in Australia, I aspire to deepen my mind towards the “preventive medicine” and get a clue of how to enhance the mind towards health among Japanese citizens.

Also I believe this experience of working with medical practitioners with different various backgrounds will have an important meaning in the future.

## ●Preventive medicine in Japan●

Recently, I have realized that there are still a lot of problems in Japan's healthcare. For example, the HPV vaccination coverage is around 1% which is extremely lower than those in other developed countries. The effectiveness of the vaccination has already been proven and there are a lot of evidence to support the idea, however, the Japan's government itself seems less enthusiastic about changing the situation. Actually, many scientists and medical workers all over the world are blaming on this issue as it can bring the worst scenario. Also, Japan is in the midst of a rubella outbreak, and US Center for Disease Control and Prevention (CDC) is advising pregnant women against traveling to the country which means level 2 alert. It's not too much to say that these two examples put our country to shame. I am too much worried about this situation. Japan's lack of taking measure towards preventive medicine includes a big risks on spreading the infectious diseases not only in this country but also in other countries that will lead to make Japan's international presence much worse than before.

I strongly believe that it is an urgent need to improve the aforementioned situation. In order to change the situation, I need to learn how other countries are tackling with the health problems and taking measures on enhancing the preventive medicine. It is a great opportunity for me to take part in the overseas clinical clerkship in Canberra Hospital because Australia is notable for practicing and enhancing the highest attainable level of preventive medicine.



<The Canberra Hospital>

## ●In the future●

My goal is to improve Japan's international presence by enhancing and promoting the highest attainable standard for global healthcare. Since I was a child, I have been interested in the issues of poverty and disparity, persistently looking for a solution for future generations. I have decided that I want to work as a member of an international organization so that I can help fix the gap in access to healthcare, income and resource scarcity, particularly in the fields of medicine. I strongly believe that this overseas clinical clerkship program will allow me to attain my goals and fuel my passion to work in the medical field and improve access to healthcare and accordingly raise Japan's international presence in the world.



### **●In the future●**

I decided to use crowdfunding system because I do not have enough money to study abroad for 2 months.

I am trying my best on earning as much money as possible by doing 3 kinds of part-time jobs and finding any scholarships, but still not enough as I am living alone and cannot have much time for work as clinical clerkship in the hospital at TMDU is too busy.

I would appreciate if you could help me by donating money through this crowdfunding system.

### **●Breakdown of supported money●**

- Airfare: ¥200,000 (\$1,842)
- House rent: ¥100,000 (\$912)
- Expense of food, living, etc : ¥140,000 (\$1,277)
- Insurance, VISA, vaccination : ¥100,000 (\$912)

All the supported money will be used for what is written above.

**Thank you for visiting this website and reading what I have written above.**

**Chihiro Matsumoto**

**5<sup>th</sup> -year medical student**

**Tokyo Medical and Dental University**